

ABOUT Gikavi

The Gikavi story started back in 2004 with the launch of sister company FitForMe. Nowadays FitForMe is the global market leader for bariatric supplementation. They are based in the Netherlands with local offices all over the world. Throughout the years, FitForMe has helped over 1 million satisfied patients.

FitForMe continuously conducts extensive clinical trials to optimize the efficacy of their supplements. Collaborations with researchers and medical professionals resulted in many peer-reviewed publications.

Gastro-intestinal changes

Based on our 15 years of experience in bariatrics, we know that surgery on the digestive tract has a major impact on the intake and absorption of micronutrients,

resulting in vitamin and mineral deficiencies. Scientific studies and our own collaborations with medical professionals have revealed that patients who underwent a (partial) esophagectomy, gastrectomy or pancreatoduodenectomy face a similar risk of nutritional deficiencies.^{1,2}

Tailored supplements

Your patients' health is our number one priority. That is why we have developed tailored supplements for patients who underwent surgery on the digestive tract. A one-a-day capsule for each type of resection, based on the latest scientific insights. Additionally, we continue to work alongside medical professionals on a clinically substantiated future driven by our passion for health and science.

OUR MISSION:

Provide the best daily support for your patients for a better quality of life after surgery.

← Explore our products



Contact

Your contact person
Maarten Sjoerdsma
Head of New Business Development

T +31 (0)6 44 50 30 61
E m.sjoerdsma@gikavi.com

Gikavi Head Office
Weena 784, 3014 DA Rotterdam (The Netherlands)

Website
www.gikavi.com

Customer Support
+31 (0)10 309 18 00

References

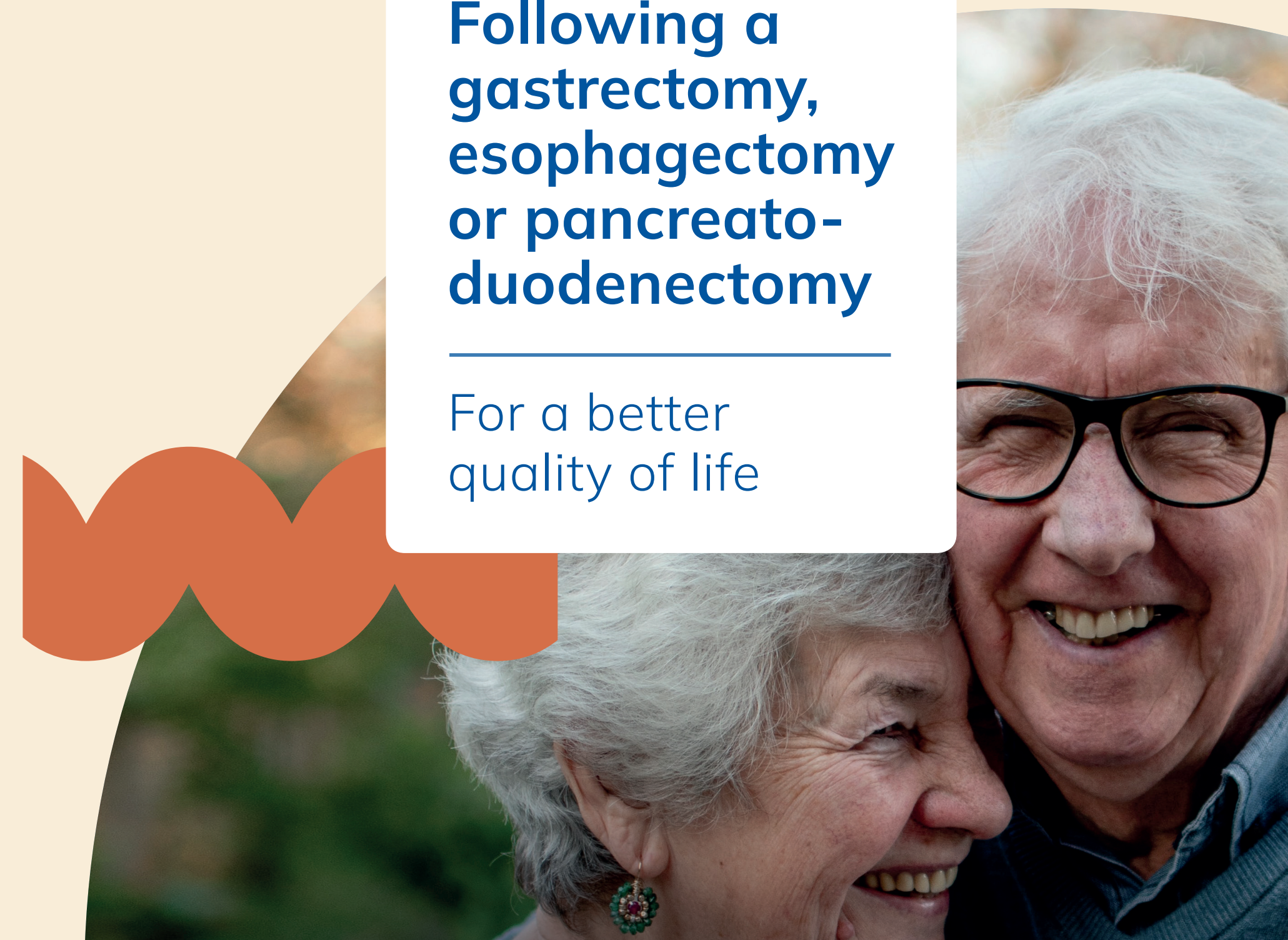
1. Janssen H.J.B., et al., Micronutrient Deficiencies Following Minimally Invasive Esophagectomy for Cancer. *Nutrients*, 2020
2. Veeralakshmanan P., et al., Nutritional deficiency post esophageal and gastric cancer surgery: A quality improvement study. *Ann Med Surg London*, 2020.
3. Haverkort, E.B., et al., Suboptimal intake of nutrients after esophagectomy with gastric tube reconstruction. *J Acad Nutr Diet*, 2012. 112(7): p. 1080-7.
4. Vestergaard, P., Bone loss associated with gastrointestinal disease: prevalence and pathogenesis. *Eur J Gastroenterol Hepatol*, 2003. 15(8): p. 851-6.
5. Rock, C.L., et al., Nutrition and physical activity guidelines for cancer survivors. *CA Cancer J Clin*, 2012. 62(4): p. 243-74.



DAILY SUPPORT

Following a gastrectomy, esophagectomy or pancreato- duodenectomy

For a better
quality of life



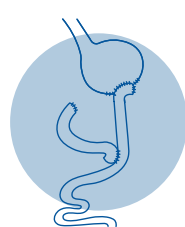
BASED ON THE LATEST SCIENTIFIC INSIGHTS

Supplements that make a difference

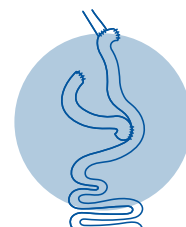
Research shows that up to 78% of the patients that underwent a (partial) gastrectomy, esophagectomy or pancreaticoduodenectomy suffer from at least one deficiency.¹ It is essential for these patients to use food supplements specifically developed for their type of surgery.

Due to the gastro-intestinal changes, patients are not able to meet their vitamin and mineral requirements from food alone. The level of micronutrients in standard food supplements is not high enough. A specialized supplement considers the increased needs due to the specific surgery.

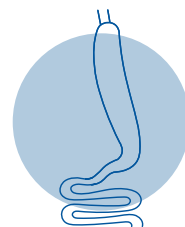
Gikavi has a tailored range of supplements for each type of resection:



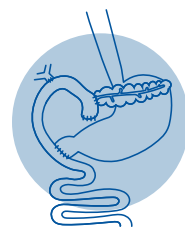
Gastrectomy
(Partial)



Gastrectomy



Esophagectomy



Pancreato-
duodenectomy

THE BEST DAILY SUPPORT

For a better quality of life

Your patients' health is our priority. We offer the best daily support for your patients for a better quality of life.



Scientifically substantiated

Our Multis are based on the latest scientific insights. We also cooperate with medical professionals on a clinically substantiated future.



Specifically formulated for each type of surgery

Only one capsule a day will ensure your patients receives the exact right increased content of vitamins and minerals.



Personal advice from our nutritionists

Our team of nutritionists are available online and by phone to assist your patient. With any questions they might have.

SPECIFICALLY FORMULATED FOR EACH TYPE OF RESECTION

Multis and additional supplements

All Multis are classified as Food for Special Medical Purposes. Since they are specifically formulated for each type of resection, just one capsule a day is sufficient. We also offer calcium and protein products for complete daily support.

Multi P

- For the dietary management of deficiencies after a **pancreatoduodenectomy**.
- Contains, among other ingredients, an increased content of vitamin B1, D3, B12, E, iron and zinc.

Multi G

- For the dietary management of deficiencies after a **gastrectomy**.
- Contains, among other ingredients, an increased content of vitamin A, B1, D3, B12, E, K, iron and zinc.

Multi E

- For the dietary management of deficiencies after an **esophagectomy**.
- Contains, among other ingredients, an increased content of vitamin A, B1, D3, B12, E, iron and zinc.

Calcium Soft Chew - Lemon

- Soft chew with a fresh lemon taste and soft texture.
- Calcium intake is suboptimal after esophagectomy, it was found that 49% of patients had insufficient intake of calcium.³
- A calcium deficiency can result in low bone mineral density, which is e.g. reported in 27%-44% of gastrectomized patients.⁴

Whey Protein Isolate - Natural

- Natural-flavoured proteins to prepare as a shake.
- Adequate protein intake is essential during all stages of cancer treatment, recovery, long-term survival and living with advanced disease.⁵

DAILY SERVICE AND SUPPORT

Patient support program

Our **Gikavi Auto Refill Service guarantees that your patient will automatically receive their supplements every three months. This makes it easier for patients to stick to the routine. Patients get:**

- All vitamins and minerals automatically delivered every three months
- The flexibility to pause or cancel Gikavi Auto Refill Service at any moment
- Personal advice from Gikavi nutritionists
- 30 Day money back guarantee
- Free shipping

OUR DAILY DOSES

A 90-day package fit for every patient



Gikavi Basic

- 90 pcs. Multis

€ 1.10 per day

€ 99 every 3 months

10% bundle discount



Gikavi Support

- 90 pcs. Multis
- 90 pcs. Calcium Soft Chews Lemon

€ 1.54 per day

€ 139 every 3 months

15% bundle discount



Gikavi Support Plus

- 90 pcs. Multis
- 90 pcs. Calcium Soft Chews Lemon
- 1 Jar of Whey Protein Isolate Natural

€ 1.99 per day

€ 179 every 3 months

TRY IT RISK-FREE

Starter pack

For just € 5* your patient can easily order a starter pack which includes:

3 Multis, 2 Calcium Soft Chews and 1 portion (30gm) of Whey Protein Isolate.

* The starter pack includes a coupon for € 5 off on a future order.



When should your patient start taking supplements?

Do not use during radio- or chemotherapy. As a guideline, we recommend to start 14 days after surgery. However, determine the starting date individually for each patient.



How long should your patient take the supplements?

Due to the permanent gastrointestinal changes, it is essential to continue using the Multis every day. Supplementation is key to preventing nutritional deficiencies.



Where can you order the supplements?

Patients can simply visit www.gikavi.com to order their supplements online. With Gikavi Auto Refill Service, the supplements will be delivered automatically to their house every three months.